

- Plan school-wide paired or small group conversations on sharing stories of your authentic-selves. Who are your people? What is most important to you? When do you feel most supported?
- Create a digital recording of a school-wide physical practice of breathing and moving together low and s-l-o-w to build unity. Check out A Breathing and Movement Exercise: Mountains, Clouds, and Waterfalls (With Instruction) on www.ourgenderrevolution.org.
- Sponsor a day of action where you invite students to make a physical change to the school to promote gender equity, speak to school board members about a specific issue, or take some other action.

Need more inspiration? Read about youth activists to get inspired! Here's an article about Kids Who Rocked the Racial Justice Movement at www.colorlines.com/articles/kids-who-rocked-racial-justice-movement-2016.

These are just a few ideas to get you started, but try to come up with your own original way to get your community involved in the **#WeChooseAllOfUs** movement.

Remember to get people in your school and community excited about your event and project! You can do this by posting about it on social media, reaching out to local/school newspapers, hanging posters around your school/community, creating a Facebook event, or asking teachers or community members to spread the word. Start spreading the word at least 3-4 weeks ahead of time.

Step Four: Post on Social Media

Take selfies/pictures/videos, and post on social media and the Our Gender Revolution Facebook page with hashtag #WeChooseAllOfUs and tag @OurGenRev to get extra points towards your overall score!

Step Five: Submit Your Vision and Action by the Deadline March 15th

Download the We Choose All of Us Challenge Entry Form for the scoring and the process for entering your vision and action for the #WeChooseAllOfUs Challenge on www.ourgenderrevolution.org. Attach photographs or visuals of your event for extra points!

Awards

Team: The top five Idaho high school teams receive \$500.

Individual: The top ten high school individuals receive \$250.

Innovation Prize: \$1,000 to the team or individual that demonstrates innovation and impact in moving towards a world rooted in interdependence, resilience, and regeneration by weaving together our voices, our stories, and our hearts.

You must score at least an 80 to be eligible for the award.

If you have any questions about the challenge or *Our Gender Revolution* send us an email at the Idaho Coalition Against Sexual & Domestic Violence to Estefania at estefania@engagingvoices.org.

www.OurGenderRevolution.org

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OUR GENDER REVOLUTION



We Choose All of Us Challenge

www.OurGenderRevolution.org

#WeChooseAllofUs Challenge

The **#WeChooseAllofUs** Challenge is designed to show the power and unity of not only certain people, but all peoples in our communities. We want to see radical human connection. We want to see the power of change that young people hold in your schools, neighborhoods, and communities. The **#WeChooseAllofUs Challenge** is to help you make change in your community. Your choices have power, and this challenge will help you access that power for social change!

Unfair treatment, harassment, or discrimination based on gender or gender expression is wrong and creates the conditions for gender violence - abuse and sexual assault - to occur. We also do not live single issue lives: we see the limitations of single identities of gender, sexual orientation, race, ability, class, religion, immigration and refugee status. We know that discrimination against any person hurts all of us. We choose to interrupt and end all forms of hate, oppression, and violence. We want to create a world where everyone is valued for their full selves. This challenge is designed to encourage you to envision a world where everyone is valued and treated with respect, compassion, and love - a world free from hate and domination.

The Challenge

We want you to show us how you **choose all of us!** What can you do locally to show connection and unity? How do you show up for the people in your communities? Create an event that connects young people and allows collective understanding to shine through. This activity or event can be most anything you imagine. We want you to get creative.

We want to hear your voices. Think outside the box. Radical connection with people goes beyond community service. Show us the stories that often go unheard in your community and create an opportunity for everyone to envision a world in which everyone is seen and valued for their humanity.

Step One: Act as a Revolutionary Individual, Club, or Organize a Team or Your School!

You can participate in the **#WeChooseAllofUs Challenge** as an individual or as a team of two or more Idaho high school students (9th through 12th grade). As a group, or individual, you have the potential to bring about big change in your school and community with this project. If you form a group, try to engage people from many different lived experiences. While adult involvement is not required, collaborating with adults in an intergenerational partnerships can be effective to create lasting change. If you are in a group, be sure to collaborate together and that all members are valued and heard.

Step Two: Envision a Community Where Everyone is Seen and Valued

Now that you or your group has decided to participate in the challenge, it's time to brainstorm! Spend time talking and thinking through the problems in your community or school around inclusion, diversity, and equity. Imagine what your school or community would look like if everyone was valued and seen! Think about and write down your vision. Remember that this vision needs to incorporate gender and social equity. If you need more guidance around gender and social equity go to the www.ourgenderrevolution.org to read key articles from the National Geographic Gender Revolution special issue. It will spark your thinking about gender and social equity in your community.

Here are some questions to help you get you started

- What is your earliest memory about gender? Most children become conscious of their gender as early as two years of age. When was the first time you realized gender impacted your life?
- What are your gender roles and expectations like in your community? How do these limit all genders? How would it be better for everyone if roles and expectations on gender no longer existed?
- Can you identify any groups or individuals in your school or community that are excluded or unseen? What are ways in which your community can bring them in and widen the sense of belonging for everyone?

- Are there any policies or expectations in your school or community that seem to favor one group of people over another? If yes, why do you think these exist and what would your community look like without these barriers for the devalued groups?

These are just some starting points to get you going. Be sure to write down your vision of what your community would look like if everyone was seen and valued.

Step Three: Create a Project or Host an Event That Demonstrates a Bold Vision

Now that you or your group has a bold vision of what your school or community would look like if everyone was valued, it is time to create a project! Spend time brainstorming different creative ways to get people in your school or community thinking about this vision. This project can take many forms, but it should be inclusive to as many people in your community as possible and needs to get people thinking about gender and social equity.

Here are some projects to consider while brainstorming:

- Hold a storytelling event where young people hear and share stories about their personal experiences and visions for world where everyone is loved. You can then hold an event where people read the stories out-loud (the individual who wrote the story does not need to be the one to read it if they want to be anonymous).
- Create an art gallery in your school's hallway where people can submit paintings, drawing, and poetry about inclusion and equity in the community.
- Hold a day-long art project in your school where people can come and write or paint their vision of what their community would look like if everyone is valued and seen.
- Host a spoken word or slam poetry night where individuals from the community can come up and tell their story around gender and social equity. For young people with privilege, it is an opportunity for deep listening and acceptance.
- Organize the painting of a mural depicting a world where we choose all of us! A world without hate and violence.
- Create an interactive wall hanging in your school for people to share stories or their vision of a world without hate and violence.

We are people who choose

A world where everyone is loved
A world where everyone is safe
A world where everyone can thrive
A world free of hate and oppression
Nothing less than this.

We believe in our collective humanity

and our deep connections to all living things.

Every day we choose love,

a love where everyone is valued and everyone belongs -- girls and women and people who are gender nonconforming, people of color, Native Americans,immigrants, refugees, Muslims, , LGBTQ people, people with disabilities, rural and urban, young and old;

In our wholeness we know we are one people.

When we imagine together, we can achieve the unimaginable. Our stories, language, and conversations have the power to transform hearts and minds, cultures and systems.

Together, we can change everything.

We commit to bringing forth a world rooted in interdependence, resilience and regeneration

by weaving together our voices, our stories, and our hearts.

Through kindness, strength, community, and love
We will value and respect each other
We will see our interconnectedness and honor our differences.
We will celebrate each other and listen deeply; hear and be heard.
We will create the world we want to see.
We will choose to belong and move forward with courageous love and mutual responsibility.
When we are struggling, we will struggle together to become a part of something bigger than ourselves.

We invite you in.

Together we will live into and create this new story of Idaho.

Being bold in our choices,
we will nurture the small glimmers of this place, until this world is fully realized.

Our choices have power.

We choose all of us.